



# THE OPTIMUM HEALTH CLINIC FOUNDATION

## Bickerton House

25 – 27 Bickerton Rd

London

N19 5JT

Main switchboard number: 0845 226 1762 (local rate number)

### Directions:

Nearest underground is **Archway (Northern Line, High Barnet Branch)** – as you leave the underground station, turn right into Junction Road, and take the 4<sup>th</sup> turning on the right into Bickerton Road. This road is on a hill.

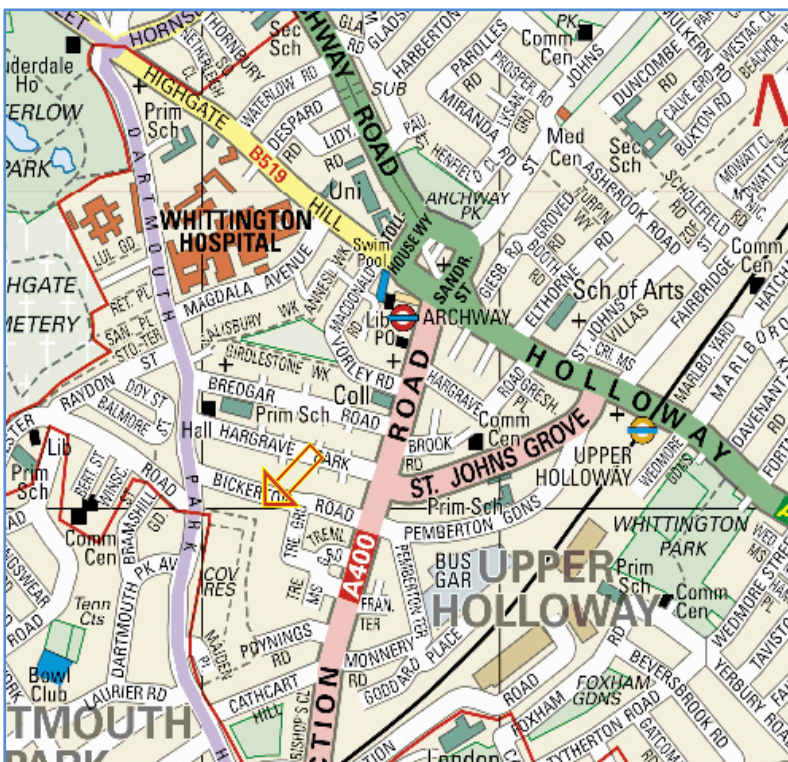
The Optimum Health Clinic offices are at the far end of the building. We have our own entrance up a single flight of metal steps from the outside of the building; once inside there is also one more flight of stairs.

### Parking :

**Weekdays** : limited metered parking immediately outside the offices, with a maximum stay of 4 hours only.

**Saturdays** : metered parking from 8.30 until 1.30pm.

**Sundays** : free of charge.



However, there is **free parking (EXCEPT between the hours of 10.00am – 12.00pm)** if you go to the end of Bickerton Road, turn left into Dartmouth Park Hill and take the first road on the right, **Chester Rd** or second road on the right, **Dartmouth Park Ave.**

### Access via Lift :

We also have a lift, external to the building, which will take you right inside our office – should you require use of the lift, please let us know in advance and we will arrange for someone to assist you on arrival.